

Agencies in Newhaven offering support

<p>Sussex Community Development Association</p>	<p>SCDA offer a drop in information service and signpost onto other services, They also run the food bank which is currently open 4 days a week and they hope to extend to 5. SCDA also run other services locally , such as Lets get working and Aspirations which are both services moving people closer to employment, volunteering or training through helping them address barriers to employment.</p>	<p>The Information and Advice Hub is based at 31a High Street, Newhaven and is open between 10am -1.30pm Monday to Friday</p>
<p>East Sussex drug and alcohol recovery service (STAR) - Eastbourne & Hastings</p>	<p>Drug and alcohol recovery service 18 upwards. -Specialist prescribing services -GP shared care -Community detox from drugs and alcohol -Group work programmes -Housing and benefits advice -Drug and alcohol counselling</p>	<p>0300 3038 160 Hastings Thrift House, 13 Wellington Place, Hastings, TN34 1NY Eastbourne Lift House, 6 St Leonards Road, Eastbourne, BN21 3UH Professional referral and self referral service.</p>
<p>Newhaven Advice Hub and Information Centre</p>	<p>The Information and Advice Hub is based in Newhaven and is open between 10am -1.30pm Monday to Friday. The Newhaven Advice Services team can: Help you to access information</p>	<p>Unit 8-10 The Hub, 3 Drove Road Newhaven, East Sussex, BN9 0AD 01273 517375</p>

	<p>Refer you to generalist and specialist advice about benefits, debt and housing</p> <p>Community Navigators help link you with the right local services to solve any problems you may face, get involved in the community or improve your health and wellbeing</p>	
Employability and volunteering advice	<p>Employment and volunteering advice and support.</p> <p>Offering additional support to;</p> <ul style="list-style-type: none"> -Lone parent -Lacking in confidence -50+ -Isolated -Experiencing problems - stopping you from leading a fulfilled life <p>1:1 and Small Group support</p> <p>Access services and training</p> <p>Help to develop your skills</p> <p>Employability support</p> <p>Work based experience / volunteering</p>	<p>CONTACT EMPLOYABILITY</p> <p>Unit 7 The Hub, 3 Drove Road, Newhaven, East Sussex, BN9 0AD Rachel on 01273 516347.</p>
Newhaven Food Bank	<p>They offer food parcels, additional advice and support, exercise and cookery classes, country walks and gardening</p>	<p>Advice Hub at Unit 9, the Hub, Drove Road, Newhaven (located above Lidl's) between 10am and 1.30 pm Monday to Friday for an assessment an additional help</p>