



Although a formal committee of Brighton & Hove City Council, the Health & Wellbeing Board has a remit which includes matters relating to the Clinical Commissioning Group (CCG), the Local Safeguarding Board for Children and Adults and Healthwatch.

Title:	Independent Annual Report of the Director of Public Health 2018		
Date of Meeting:	13 November 2018		
Report of:	Director of Public Health		
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Wards Affected:	All		
FOR GENERAL RELEASE			
Executive Summary			
<p>Directors of Public Health are required to produce an independent annual report on the state of local public health. There are no specified requirements as to the content or format of the report.</p> <p>This year's report <i>The Art of Good Health</i> focuses on the links between the arts and health and wellbeing.</p> <p>The Director of Public Health will make a presentation on the report.</p>			
Glossary of Terms			
n/a			

1. Decisions, recommendations and any options

- 1.1 That the Board note the report.

2. Relevant information

- 2.1 This year's Annual Report of the Director of Public Health examines the contribution that arts and culture make to health and wellbeing in Brighton & Hove.
- 2.2 The report starts by looking at the health and wellbeing benefits of the arts. It draws on the published evidence base including *Creative Health*, the 2017 report of the All Party Parliamentary Group on Arts, Health and Wellbeing.
- 2.3 Evidence indicates that arts can have a positive impact on health and wellbeing in a number of ways, including:
- As a social determinant of health, good access to arts and culture influences wellbeing across the whole population
 - The arts can have a role in raising awareness, reducing stigma and influencing attitudes
 - Engagement with the arts can prevent ill health, for example stress and anxiety, and falls
 - For those who are unwell the art can improve symptoms, for example dance can be helpful for those with Parkinson's disease.
- 2.4 Data indicates that engagement with the arts is higher in Brighton & Hove than the England average. However similar to elsewhere in England, some groups (e.g. carers, people with disabilities) and residents in our more deprived neighbourhoods are less likely to be engaged with the arts and culture. There is a risk that unequal access to the arts contributes to health inequalities highlighting the need for a strong focus on access and participation.
- 2.5 Four sections in the report follow the life course - start well, live well, age well, die well – an approach that will be taken in our forthcoming Health and Wellbeing Strategy.
- 2.6 These describe some of the key health and wellbeing issues for each life stage and discuss the contribution that the arts can make in addressing them.
- 2.7 A section on arts and health & care settings explores how arts can be integrated in health and care services, for example through social prescribing, and how health and wellbeing is being incorporated into cultural settings such as our museums and libraries, and key city festivals.

2.8 The report closes with five recommendations to support developing Brighton and Hove as a Centre of Excellence for arts and health. The recommendations address the following areas:

- Leadership
- Evidence
- Skills and Knowledge
- Access
- Delivery

2.9 The recommendations are aimed at:

- local health and care commissioners and providers, arts practitioner and organisations, the community and voluntary sector, local universities.
- the Living Well group, that will be taking forward plans to develop a Centre of Excellence under the auspices of the Brighton & Hove Cultural Framework.

2.10 Throughout the report a diverse range of local case studies are featured including BHCC, NHS, community and voluntary sector, highlighting some of the excellent practice in place locally.

3. Important considerations and implications

3.1 Legal:

The NHS Act 2006 and the Health and Social Care Act 2012 requires Directors of Public Health to write an annual report on the health of their local population. The content and structure can be determined locally.

Lawyer consulted: **Elizabeth Culbert**

Date: 15.10.2018

3.2 Finance:

There are no direct financial implications from the recommendations of this report. The total Public Health budget for this financial year is £21.484m of which £20.090m comes from the ring-fenced Public health grant for 2018/19, other funding comes from agreed carry forward of grant from 2017/18 and some non-grant funding.

Finance Officer consulted:

Sophie Warburton

Date: 1.11.2018

3.3 Equalities:

The report presents analysis relating to local inequalities in health and wellbeing, and in relation to engagement with the arts and creative activities.

A key recommendation is to prioritise engagement and participation in the arts to reduce health and social inequalities, with a focus on widening participation among groups that are currently less likely to engage.

Supporting documents and information

- Appendix 1: Annual Report of the Director of Public Health 2018
(The Annual Report will be available at the meeting in public)
- Appendix 2: Slide presentation